January 2017

WRNMMC - MASP On-Site Coordinators:

Bryce Doody | 207-355-1201
Michelle Mummers | 540-287-3195

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	12	13	7
		Air Rifle/Archery (Ft. Belvoir) Cycling Kayaking	Wheelchair Basketball Warrior Yoga Cycling	Skiing - Liberty Mtn Wheelchair Basketball Cycling Kayak Football	Sitting Volleyball Wheelchair Basketball Cycling	
8	9	10	11	12	13	14
	Wheelchair Basketball Cycling (appt with Ray) Lap Swim Cycling	Air Rifle/Archery (Ft. Belvoir) Cycling Kayaking	Wheelchair Basketball Warrior Yoga Cycling	Skiing - Liberty Mtn Wheelchair Basketball Cycling Kayak Football	Sitting Volleyball Wheelchair Basketball Cycling	
15	16	17	18	19	20	21
	Martin Luther King Jr Day	Air Rifle/Archery (Ft. Belvoir) Cycling Kayaking	Wheelchair Basketball Warrior Yoga Cycling	Wheelchair Basketball Cycling Kayak Football	Presidential Inauguration	
22	23	24	25	26	27	28
	Wheelchair Basketball Cycling (appt with Ray) Lap Swim Cycling	Air Rifle/Archery (Ft. Belvoir) Cycling Kayaking	Wheelchair Basketball Warrior Yoga Cycling	Skiing - Liberty Mtn Wheelchair Basketball Cycling Kayak Football	Sitting Volleyball Wheelchair Basketball Cycling	
29	30	31				
	Wheelchair Basketball Cycling (appt with Ray) Lap Swim Cycling	Air Rifle/Archery (Ft. Belvoir) Cycling Kayaking				