

July 2017

Joint Base San Antonio - MASP On-Site Coordinators:

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
	DONSA	Independence Day	Archery Operation Comfort Cycling Bowling Operation Comfort Automotivation	Road Biking - Advanced Road Biking - Beginners Kayaking Yoga BAMC Wheelchair Basketball Music Group (by appt) Volunteer Program (by appt) Operation Comfort Automotivation Sitting Volleyball	Aquatics (by appt) Swimming Golf (by appt) Operation Comfort Automotivation	
9	10	11	12	13	14	15
	Swimming Hiking (by appt) Operation Comfort Automotivation Operation Comfort Sled Hockey	Aquatics (by appt) Road Biking - Advanced Road Biking - Beginners Explore SA Walking Group (app) Equestrian Yoga Air Guns BAMC Wheelchair Basketball Operation Comfort Automotivation	Archery Operation Comfort Cycling Bowling Operation Comfort Automotivation	Road Biking - Advanced Road Biking - Beginners Kayaking Yoga BAMC Wheelchair Basketball Music Group (by appt) Volunteer Program (by appt) Operation Comfort Automotivation Sitting Volleyball	Aquatics (by appt) Swimming Golf (by appt) Operation Comfort Automotivation	Spinathon - FSH Gym
16	17	18	19	20	21	22
	Swimming Hiking (by appt) Operation Comfort Automotivation Operation Comfort Sled Hockey	Aquatics (by appt) Road Biking - Advanced Road Biking - Beginners Explore SA Walking Group (app) Equestrian Yoga Air Guns BAMC Wheelchair Basketball Operation Comfort Automotivation	Archery Operation Comfort Cycling Bowling Operation Comfort Automotivation	Road Biking - Advanced Road Biking - Beginners Kayaking Yoga BAMC Wheelchair Basketball Music Group (by appt) Volunteer Program (by appt) Operation Comfort Automotivation Sitting Volleyball	Aquatics (by appt) Swimming Golf (by appt) Operation Comfort Automotivation	
23	24	25	26	27	28	29
	Swimming Hiking (by appt) Operation Comfort Automotivation Operation Comfort Sled Hockey	Aquatics (by appt) Road Biking - Advanced Road Biking - Beginners Explore SA Walking Group (app) Equestrian Yoga Air Guns BAMC Wheelchair Basketball Operation Comfort Automotivation	End of Month PT Kickball Tourney Archery Operation Comfort Cycling Bowling Operation Comfort Automotivation	Road Biking - Advanced Road Biking - Beginners Kayaking Yoga BAMC Wheelchair Basketball Music Group (by appt) Volunteer Program (by appt) Operation Comfort Automotivation Sitting Volleyball	Aquatics (by appt) Swimming Golf (by appt) Operation Comfort Automotivation	
30	31					
	Cycling Aquatic Exercise Strength & Conditioning Meditation 101 Archery					