



# WALTER REED

## NATIONAL MILITARY MEDICAL CENTER

### May 2022



| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  | SAT/SUN   |
|--|--|---|---|---|---|
| <p><b>2</b></p> <p> TENNIS<br/>1130-1330 ET<br/>Darnestown, MD</p> <p> ROWFIT<br/>1300-1400 ET<br/>Fort Belvoir</p> <p> CORNHOLE<br/>1400 ET<br/>Fort Belvoir</p>  | <p><b>3</b></p> <p> AIR RIFLE<br/>0900-1030 ET<br/>Centerville, VA</p> <p> ROWING ON THE WATER<br/>1000-1200 ET<br/>Washington DC</p> <p> ARCHERY<br/>1045-1200 ET<br/>Centerville VA</p>  | <p><b>4</b></p> <p> ARCHERY<br/>0900-1100 ET<br/>Centerville, VA</p> <p> WARRIOR YOGA<br/>1300-400 ET<br/>Walter Reed</p> <p> ROWFIT<br/>1400-1500 ET<br/>Walter Reed</p> <p> CYCLING<br/>1400-1500 ET<br/>Walter Reed</p>  | <p><b>5</b></p> <p> ROWING ON THE WATER<br/>1000-1200 ET<br/>Washington DC</p> <p> CORNHOLE<br/>1500-1600 ET<br/>Walter Reed</p> <p> EQUINE THERAPY<br/>1030-1230<br/>Clifton, VA</p>                       | <p><b>6</b></p> <p> KAYAKING/<br/>PADDLEBOARDING<br/>1000-1200 ET<br/>Poolesville, MD</p> <p> CYCLING<br/>1300-1400 ET<br/>Walter Reed</p>  | <p><b>7/8</b></p>   |
| <p><b>9</b></p> <p> TENNIS<br/>1130-1330 ET<br/>Darnestown, MD</p> <p> ROWFIT<br/>1300-1400 ET<br/>Fort Belvoir</p> <p> CORNHOLE<br/>1400 ET<br/>Fort Belvoir</p>  | <p><b>10</b></p> <p> AIR RIFLE<br/>0900-1030 ET<br/>Centerville, VA</p> <p> ROWING ON THE WATER<br/>1000-1200 ET<br/>Washington DC</p> <p> ARCHERY<br/>1045-1200 ET<br/>Centerville VA</p> | <p><b>11</b></p> <p> ARCHERY<br/>0900-1300<br/>Centerville VA</p> <p> STRENGTH TRAINING<br/>1100-1300<br/>Rockville, MD</p> <p> WARRIOR YOGA<br/>1300-1400 ET<br/>Walter Reed</p> <p> ROWFIT<br/>1400-1500 ET<br/>Walter Reed</p> <p> CYCLING<br/>1400-1500 ET<br/>Walter Reed</p>  | <p><b>12</b></p> <p> ROWING ON THE WATER<br/>1000-1200 ET<br/>Washington DC</p> <p> CORNHOLE<br/>1500-1600 ET<br/>Walter Reed</p> <p> EQUINE THERAPY<br/>1030-1230<br/>Clifton, VA</p>                      | <p><b>13</b></p> <p> KAYAKING/<br/>PADDLEBOARDING<br/>1000-1200 ET<br/>Poolesville, MD</p> <p> GO APE TREETOP<br/>ADVENTURE<br/>1000-1300 ET<br/>Rockville, MD</p> <p> CYCLING<br/>1300-1400 ET<br/>Walter Reed</p> | <p><b>14/15</b></p>   |
| <p><b>16</b></p> <p> TENNIS<br/>1130-1330 ET<br/>Darnestown, MD</p> <p> ROWFIT<br/>1300-1400 ET<br/>Fort Belvoir</p> <p> CORNHOLE<br/>1400 ET<br/>Fort Belvoir</p>   | <p><b>17</b></p> <p> AIR RIFLE<br/>0900-1030 ET<br/>Centerville, VA</p> <p> ROWING ON THE WATER<br/>1000-1200 ET<br/>Washington DC</p> <p> ARCHERY<br/>1045-1200 ET<br/>Centerville VA</p> | <p><b>18</b></p> <p> ARCHERY<br/>0900-1100 ET<br/>Centerville VA</p> <p> WARRIOR YOGA<br/>1300-1400 ET<br/>Walter Reed</p> <p> ROWFIT<br/>1400-1500 ET<br/>Walter Reed</p> <p> CYCLING<br/>1400-1500 ET<br/>Walter Reed</p>   | <p><b>19</b></p> <p> ROWING ON THE WATER<br/>1000-1200 ET<br/>Washington DC</p> <p> SAILING<br/>1000-1200<br/>Annapolis, MD</p> <p> EQUINE THERAPY<br/>1030-1230<br/>Clifton, VA</p>                        | <p><b>20</b></p> <p> KAYAKING/<br/>PADDLEBOARDING<br/>1000-1200 ET<br/>Poolesville, MD</p> <p> CYCLING<br/>1300-1400 ET<br/>Walter Reed</p>   | <p><b>21/22</b></p>   |
| <p><b>23</b></p> <p> TENNIS<br/>1130-1330 ET<br/>Darnestown, MD</p> <p> FISHING CRUISE<br/>1200-1500 ET<br/>Washington DC</p> <p> ROWFIT<br/>1300-1400 ET<br/>Fort Belvoir</p> <p> CORNHOLE<br/>1400 ET<br/>Fort Belvoir</p> | <p><b>24</b></p> <p> AIR RIFLE<br/>0900-1030 ET<br/>Centerville, VA</p> <p> ROWING ON THE WATER<br/>1000-1200 ET<br/>Washington DC</p> <p> ARCHERY<br/>1045-1200 ET<br/>Centerville VA</p> | <p><b>25</b></p> <p> ARCHERY<br/>0900-1100 ET<br/>Centerville, VA</p> <p> STRENGTH TRAINING<br/>1100-1300<br/>Rockville, MD</p> <p> WARRIOR YOGA<br/>1300-400 ET<br/>Walter Reed</p> <p> ROWFIT<br/>1400-1500 ET<br/>Walter Reed</p> <p> CYCLING<br/>1400-1500 ET<br/>Walter Reed</p>   | <p><b>26</b></p> <p> WHITE WATER<br/>RAFTING<br/>0900-1200 ET<br/>Harpers Ferry, WV</p> <p> ROWING ON THE WATER<br/>1000-1200 ET<br/>Washington DC</p> <p> EQUINE THERAPY<br/>1030-1230<br/>Clifton, VA</p> | <p><b>27</b></p> <p> CYCLING<br/>1300-1400 ET<br/>Walter Reed</p>   | <p><b>28/29</b></p> <p> ROCK CLIMBING<br/>Sport Rock of<br/>Alexandria VA<br/>Sunday, 1630-1830</p> |
| <p><b>30</b></p> <p> TENNIS<br/>1130-1330 ET<br/>Darnestown, MD</p> <p> ROWFIT<br/>1300-1400 ET<br/>Fort Belvoir</p> <p> CORNHOLE<br/>1400 ET<br/>Fort Belvoir</p>   | <p><b>31</b></p> <p> AIR RIFLE<br/>0900-1030 ET<br/>Centerville, VA</p> <p> ROWING ON THE WATER<br/>1000-1200 ET<br/>Washington DC</p> <p> ARCHERY<br/>1045-1200 ET<br/>Centerville VA</p> | <p><b>CONFIRM LOCATION &amp; RESERVATION WITH A LEAD:</b></p> <p>Patrick Johnson MASP Site Coordinator <a href="mailto:johnsonp2@MagellanFederal.com">johnsonp2@MagellanFederal.com</a> 301-275-0711</p> <p>Rachel Jordan Marine WAR-P Manager <a href="mailto:rachel.v.jordan.naf@mail.mil">rachel.v.jordan.naf@mail.mil</a> 443-902-7562</p> <p>Jenn Trantin Army WTB Coordinator <a href="mailto:jennifer.r.trantin.ctr@mail.mil">jennifer.r.trantin.ctr@mail.mil</a> 301-442-2123</p> <p>Philip Rackham Navy Service Lead <a href="mailto:philip.t.rackham.ctr@mail.mil">philip.t.rackham.ctr@mail.mil</a> 910-587-0224</p> |   |   |   |