



Navy Adaptive Sports Calendar

April 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<p>4</p> <p> TENNIS 1130-1330 ET Darnestown, MD</p> <p> ROWFIT 1300-1400 ET Fort Belvoir</p> <p> CORNHOLE 1400 ET Fort Belvoir</p>	<p>5</p> <p> AIR RIFLE 0900-1030 ET Centerville, VA</p> <p> ARCHERY 1045-1200 ET Centerville VA</p> <p> ROWFIT 1400-1500 ET Walter Reed</p>	<p>6</p> <p> ARCHERY 0900-1100 ET Centerville, VA</p> <p> WARRIOR YOGA 1300-400 ET Walter Reed</p> <p> ROWFIT 1400-1500 ET Walter Reed</p> <p> CYCLING 1400-1500 ET Walter Reed</p>	<p>7</p> <p> ROWFIT 1400-1500 ET Walter Reed</p> <p> CORNHOLE 1500-1600 ET Walter Reed</p> <p> EQUINE THERAPY 1030-1230 Clifton, VA</p>	<p>8</p> <p> CYCLING 1300-1400 ET Walter Reed</p>	<p>9/10</p>
<p>11</p> <p> TENNIS 1130-1330 ET Darnestown, MD</p> <p> GOLF CLINIC 0900-1500 ET Fort Belvoir, VA</p> <p> ROWFIT 1300-1400 ET Fort Belvoir</p> <p> CORNHOLE 1400 ET Fort Belvoir</p>	<p>12</p> <p> AIR RIFLE 0900-1030 ET Centerville, VA</p> <p> GOLF CLINIC 0900-1500 ET Fort Belvoir, VA</p> <p> ARCHERY 1045-1200 ET Centerville VA</p> <p> ROWFIT 1400-1500 ET Walter Reed</p>	<p>13</p> <p> ARCHERY 0900-1300 Centerville VA</p> <p> STRENGTH TRAINING 1100-1300 Rockville, MD</p> <p> WARRIOR YOGA 1300-1400 ET Walter Reed</p> <p> ROWFIT 1400-1500 ET Walter Reed</p> <p> CYCLING 1400-1500 ET Walter Reed</p>	<p>14</p> <p> ROWFIT 1400-1500 ET Walter Reed</p> <p> CORNHOLE 1500-1600 ET Walter Reed</p> <p> EQUINE THERAPY 1030-1230 Clifton, VA</p>	<p>15</p> <p> CYCLING 1300-1400 ET Walter Reed</p>	<p>16/17</p>
<p>18</p> <p> TENNIS 1130-1330 ET Darnestown, MD</p> <p> ROWFIT 1300-1400 ET Fort Belvoir</p> <p> CORNHOLE 1400 ET Fort Belvoir</p>	<p>19</p> <p> AIR RIFLE 0900-1030 ET Centerville, VA</p> <p> ROWING ON THE WATER 1000-1200 ET Washington DC</p> <p> ARCHERY 1045-1200 ET Centerville VA</p>	<p>20</p> <p> ARCHERY 0900-1100 ET Centerville VA</p> <p> WARRIOR YOGA 1300-1400 ET Walter Reed</p> <p> ROWFIT 1400-1500 ET Walter Reed</p> <p> CYCLING 1400-1500 ET Walter Reed</p>	<p>21</p> <p> ROWING ON THE WATER 1000-1200 ET Washington DC</p> <p> EQUINE THERAPY 1030-1230 Clifton, VA</p>	<p>22</p> <p> CYCLING 1300-1400 ET Walter Reed</p>	<p>23/24</p> <p> ROCK CLIMBING Sport Rock of Alexandria VA Sunday, 1630-1830</p>
<p>25</p> <p> TENNIS 1130-1330 ET Darnestown, MD</p> <p> ROWFIT 1300-1400 ET Fort Belvoir</p> <p> CORNHOLE 1400 ET Fort Belvoir</p>	<p>26</p> <p> AIR RIFLE 0900-1030 ET Centerville, VA</p> <p> ROWING ON THE WATER 1000-1200 ET Washington DC</p> <p> ARCHERY 1045-1200 ET Centerville VA</p>	<p>27</p> <p> ARCHERY 0900-1100 ET Centerville, VA</p> <p> STRENGTH TRAINING 1100-1300 Rockville, MD</p> <p> WARRIOR YOGA 1300-400 ET Walter Reed</p> <p> ROWFIT 1400-1500 ET Walter Reed</p> <p> CYCLING 1400-1500 ET Walter Reed</p>	<p>28</p> <p> ROWING ON THE WATER 1000-1200 ET Washington DC</p> <p> EQUINE THERAPY 1030-1230 Clifton, VA</p>	<p>29</p> <p> CYCLING 1300-1400 ET Walter Reed</p>	<p>30</p>



Heroes on the Water, Kayak Fishing

This program is meant to teach active duty service members and veterans how to kayak fish. If you already have the knowledge and skills, you are still welcome to attend! You may also choose to do one or the other. This program will last 8 weeks starting April 6th. The group meets every Wednesday 0800-1100 on Fort Belvoir, VA. Some sessions will be indoors and focus on kayak fishing education.

For sign ups, locations, questions or concerns please contact:
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